

## Developing a winning social marketing campaign to influence behaviour

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BEATING HEART DISEASE TOGETHER



#### **Today's breakout session**

- 1. The BHF
- 2. Social Marketing and the BHF's Approach
- 3. Identifying the need / issue
- 4. Identifying and understanding target audience
- 5. Reaching that audience
- 6. Evaluation attitudes and behaviour change
- 7. Group task and feedback

# 1. The BHF





A bit about the BHF...

Our Mission is to play a leading role in the fight against disease of the heart and circulation, so that it is no longer a major cause of disability and premature death



#### A bit more about the BHF...



# 2. Social Marketing





#### Health-Related Social Marketing...

...is the systematic application of marketing concepts and techniques to achieve specific behavioural goals relevant to improving health and reducing health inequalities



## The BHF's approach

- National advertising
- Supporting media
- Direct communications
- Stakeholder mobilisation
- Interventions
  - Education
  - Support
  - Policy work



#### The case studies





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#### The case studies









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# 3. Identifying the Need / Issue





## **Identifying the need / issue**

- BHF Heart Stats
- Medical experts (internal and external)
- International campaigns
- Health and social trends
- Govt. action / inaction
- Reaction to industry

## 4. Target Audience







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### **Segmentation - Food4Thought**

- Primary
  - 11-13 Year Olds (Year 7 / S1 in Scotland)

- Secondary audiences
  - Teachers
  - Parents
  - Government



## **Consumer Insights**

- Primary research
  - Current attitudes, motivations and influences
  - Concept testing
- Secondary research
  - Market data
  - Competitor information
  - Other N-F-Ps



#### Concept testing – to get to this...





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# **5. Reaching the Audience**





#### 11-13 Year Olds





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bebo

facebook

Ewilter

12

Messenger







#### **Multi-Quitters**



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#### Interventions – Food4Thought













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#### **Interventions – Anti-Smoking**



# 6. Behaviour Change





### **Evaluation**

- Call stats
- Web visits
- Registrations for support
- Quantitative
- Qualitative
- Brand Metrics
- Heart stats
- Dept of Health data



### **Anti-smoking - record levels of quitters**



# 7. Group task





# **QUESTIONS?**

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